What is your schedule?

Do you work full time? What do you usually do after work? How much time do you devote to your family and household chores? Do you get a full eight hours of sleep every night – or do you take catch-up naps throughout the week?

Your coursework will have a big impact on your daily routine. And different schools require different hours. In order to know whether a particular school will fit your lifestyle, you need to see if your schedule can align with the school's requirements.

If you're not in the habit of keeping a written schedule, you'll want to start keeping one right away. There are several calendar apps for smartphones that are inexpensive or free. Google Calendar is free online, and it's an excellent tool for keeping track of your life. Or start with a good old-fashioned paper schedule. You can use this example as a model.

